

**STUDENT ACTIVITIES –EXTRA-CURRICULAR ACTIVITIES – ATHLETIC**

The purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual player. Participants in our programs will be expected to display the proper ideals of sportsmanship, ethical conduct, and fair play; to show and encourage respect to opposing teams, fellow players, and coaches, and sports officials and, finally to encourage a winning spirit while not losing sight of the above ideals. The following provides a detailed explanation of the eligibility requirements for participation in the school's athletic program:

**I. Age and Grade Level**

**A. Pee-Wee Teams**

Players will normally be taken from grades 4-6. To qualify, a player must be 12 years or younger as of October 15th. Practices and games, except for post season league tournaments, are not to exceed four per week with no more than two games per week. The Principal/Athletic Director will schedule all games. Make-up games rescheduled by the Principal/Athletic Director may exceed two per week if no other alternative exists.

**B. Boys and Girls Teams (Junior High)**

Players will normally be in grades 6-8, but may be from grade 5 if sufficient numbers are not available. To qualify, a player must be 14 years of age or younger as of October 15th. Practices and games, except for post season league tournaments, are not to exceed five per week with no more than two games per week. The Principal/Athletic Director will schedule all games. Make-up games rescheduled by the Principal/Athletic Director may exceed two per week if no other alternative exists.

**C. Cross-country**

Players will normally be in grades 3-8. Students in grades K-2 may participate with stipulation that one or both of the student's parent(s)/guardian(s) must attend all meets and practices with their child. All other Peewee rules apply.

**II. Attitude**

To qualify for any team sport, participating student members should exhibit a positive attitude about their school, their teachers, their peers and themselves. They are expected to demonstrate this attitude in school, at all games and practices. Vulgar language cannot be tolerated. Students are expected to abide by the school drug and alcohol policies, the tobacco policies and by the weapons, violence, and school safety policies. Students not meeting the above criteria may have their team membership suspended. Students who are suspended may neither participate in events nor practice during the suspension.

### **III. Achievement**

To qualify for any team sport, each student shall be passing all major and minor subjects. Spelling (unless it is included in the English/Language Arts grade), English Language Arts, reading, social studies, science, health and math are considered major subjects. Physical education, music and art are minor subjects.

1. To be eligible for fall sports (soccer, cross country), a student must be passing all subjects during the last quarter ranking period.
2. To be eligible for winter sports (basketball, cheering), a student must be passing all subjects on the first day of practice.
3. To be eligible for spring sports (baseball, softball), a student must be passing all subjects on the first day of practice.
4. Any student declared ineligible on a mid-quarter/quarterly check will be ineligible until the next review.
5. In the case of incomplete work due to unavoidable absences, the student may be declared eligible by the athletic director/administrator upon notification of satisfactory completion.
6. If a student's grades are low overall or his/her citizenship is poor, the building administrator may declare that student ineligible.

### **IV. Ability**

To qualify for any team sport each student shall possess a desire to learn basic skills and have some knowledge of the sport.

### **V. Attendance/Tardiness at school, practices and games**

- A. Team members are expected to attend all regularly scheduled practices. Two unexcused absences from practice will make an individual ineligible to participate for the remainder of the season. No student will be excused from a practice or game to play or practice in another sport.

A student absent from school after 8:00 a.m. without a valid excuse will not be permitted to play in a game or practice that day. Excused absences are for reasons as listed under Title 20A, Section 3272:

1. Personal illness;
2. An appointment with a health professional that must be made during the regular school day;
3. Observance of a recognized religious holiday when the observance is required during the regular school day;
4. A family emergency; or
5. A planned absence for a personal or educational purpose, which has been pre-approved by the Principal.

B. Attendance at Practice and Team Meetings

1. All team members are expected to attend all scheduled practices and team meetings.
2. If a player is injured and cannot participate in practice he/she is still expected to attend as a spectator.
3. If a player must miss a practice he/she should notify the coach in person prior to practice.
4. Players will be excused from practice for academic reasons, personal sickness, unexpected emergencies, and other valid reasons at the discretion of the coach.
5. Failure to notify the coach prior to being absent will be treated as an unexcused practice cut.
6. Repeated practice cuts, even if excused, may result in disciplinary action by the coach as approved by the Athletic Director and Principal.
7. One unexcused absence from practice will result in a one game suspension. A second offense will result in immediate dismissal from the team.
8. All practices and team meetings are open only to the team members and coaches.
9. Parents shall wait for child/children in front of the school to be picked up after practices.

C. Tardiness for Practice and Team Meetings

1. Players must be ready to practice at the scheduled time or they will be considered tardy.
2. Players who require a trainer's attention prior to practice should take this into account when arriving at practice or a game. This is not an excusable reason for tardiness.
3. Players who must be late to practice should notify the coach, in person, prior to practice.
4. Players who must be late to practice for academic reasons, unexpected emergencies, or other valid reasons, at the discretion of the coach, will be excused.
5. Failure to notify the coach prior to being late to practice will be treated as an unexcused tardiness.
6. Repeated practice tardiness, even if excused, may result in disciplinary action by the coach. If there are extenuating circumstances, it is the responsibility of the parent to contact the coach if special arrangements are necessary.
7. Unexcused practice tardiness will be subject to the disciplinary action of the coach as approved by the Athletic Director or Principal.

D. Attendance at Games

1. Players are expected to be at the field or in the gymnasium at the time specified by the coach.
2. Absences from games will be treated in the same manner as unexcused practice cuts.
3. At away games, players and managers will sit as a team in an area assigned by the coach. Non-members of the team will not be allowed in this area.
4. For away games, players must be on the bus at the scheduled time or the bus will leave without them. Any player who misses the bus will not play in the game even if he/she arrives at the game by some other form of transportation.
5. Missing the bus for an away game will be treated in the same manner as an unexcused practice cut.

#### **E. School Attendance-Day After**

Students must be in school the day after a game except as listed under Title 20A Section 3272 (pg. 8). If a student is not present the day after a game they will be suspended from the next game, but are required to sit on the bench in uniform.

#### **VI. Transportation**

All students will ride in school provided transportation to and from athletic events away from the school with the following exceptions: Parent(s)/Guardian(s) must bring the written permission slip to the school office the morning of the each game. The students will be released to parent(s)/guardian(s). All students and athletes are to obey the school's and coaches' transportation rules.

#### **VII. Medical**

Before students can participate in tryouts or intramurals, they must have on file at the school office:

- A. A written permission slip from the doctor completing a physical examination of the student stating that the student is physically fit to participate. This physical will be adequate for all sports unless there are restrictions placed on it. Any physical other than those given by the school physician at the scheduled time will be at the individual's own expense. Physicals will be valid for a 2 year period. Physicals will be scheduled in June.
- B. A signed statement from the parent/guardian indicating the medical coverage in force for the student.
- C. A completed medical history questionnaire.
- D. A signed parental permission slip giving consent for the student to participate and

acknowledging the risk involved in interscholastic athletics/intramurals. The school could require a second physician's note if the child is injured or suffers an illness or condition which could further endanger the child's well being.

### **VIII. No school Activities**

All school activities are automatically canceled whenever school is canceled because of storms, etc. This policy is to have flexibility to allow activities to be held under certain extenuation circumstances; however the basic intent of the policy will remain intact.

### **IX. Dress Code**

Dress pants and shirt or sweaters. No jeans or T-shirts will be allowed. Failure to abide by the dress code will result in the following:

First offense: will be excused.

Second offense: will be a loss of game participation.

### **X. Offensive Language**

1. Offensive language and threatening physical harm will not be tolerated.
2. Violations of this rule will be handled in the following manner:  
First offense: one-game suspension  
Second Offense: dismissed from the team
3. Severe abuse: In case of severe misbehavior step one may be by-passed to step 2 based on the decision of the Athletic Director and the Principal.

### **XI. Miscellaneous Team Policies**

1. All the rules, regulations, and policies are subject to change with notice, by the Athletic Director and Principal as approved by the School Committee.
2. All other discipline policies and other additional team rules will be handled by the individual coach as approved by the Athletic Director and Principal.
3. Team managers shall be considered as squad members and are subject to this athletic code.

### **XII. Summary**

1. Any student who wishes to represent Jonesport Elementary School in an interscholastic sport must adhere to the training rules, team policies, and other regulations as set down by the coaching staff and school administration.
2. Conduct yourself in such a way so as to be a credit to the school, your family, and your community by showing and setting an example for others to follow.

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